



# 2020 Giv'er on The River Family Fun Run Covid-19 Self-Screening Checklist

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

Have you or anyone in your family (not including asymptomatic rotational workers):

- traveled in the last 14 days outside the Atlantic Provinces (New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland and Labrador) or outside the communities along the Labrador-Quebec border (Labrador City, Wabush, Fermont, the Labrador Straits area and Blanc Sablon)?  
Yes No
- been in close contact with a known or suspected case of COVID-19 in the last 14 days?  
Yes No
- been in close contact, in the last 14 days, with a person suffering from acute respiratory illness who has travelled outside of the identified areas within 14 days prior to illness onset?  
Yes No
- had two or more of the following symptoms (new or worsening) in the last 14 days:
  - Fever (or signs of a fever, such as chills, sweats, muscle aches, and lightheadedness);
  - Cough;
  - Headache;
  - Sore throat;
  - Runny nose;
  - Painful swallowing;
  - Diarrhea;
  - Loss of sense of smell or taste;
  - Unexplained loss of appetite;OR,
  - Small red or purple spots on your hands and/or feet?Yes No

**Thank you for supporting our efforts to protect our staff and visitors at The Manuels River Hibernia Interpretation Centre**